BERA Summer Program Information

Since the early 1960's, BNL has had a summer recreation program for the children of BNL employees. Christine Carter, Supervisor of the QOL/BERA/Recreation office is coordinator of the program, along with staff and NYS Certified school teachers employed as BERA Counselors. The BERA Summer Recreation Program is a general arts, crafts and recreation/sports program with gym and swim time each afternoon. For additional information, please call the QOL/BERA/Recreation Office, ext. 5090 or 8481, located in Staff Services, Bldg. 400. Please read all information in this packet.

- The BERA Summer Recreation Program will be operational for 8 weeks beginning **Monday**, **July 3** through Friday, August 25, 2017. <u>NOTE: week #1 is only 4 days, the Laboratory is closed Tuesday</u>, July 4th and that week only, the fee will be \$170.
- Hours of the BERA program are 7:45am-5:30pm, Monday-Friday. (prompt pick up is expected at the
 end of each day)
- Deposit of \$100 per week, per child is due with your application by 3pm on Friday, May 19, 2017*. The
 Program fee is \$200 per week, per child (except for week #1 as noted above). Cash or check is
 accepted for payment. *Your choice of weeks cannot be changed after June 23rd.
- Final payment is due on or before June 23, 2017. Please make checks payable to BERA, and mail to Recreation Office, Bldg 400. Refunds will NOT be given for cancellations!
- Children must be between the ages of 5 13 (by June 1^{st}), and must be the dependant child of a BNL employee or appointed Guest currently working on-site. Contractors, Job Shoppers and APS employees are not eligible. All applications will be verified.
- Campers who are 13 years old may participate in a "Counselor in Training" program by assisting the Counselors with organized activities. Their fee will be a reduced rate of \$100 per week, if the camper would like to participate, please notify our office.
- Campers should be brought to the Rec Hall (Bldg 317) each morning, **NO earlier than 7:45am** and picked up at the pool entrance (Bldg 478) at the end of the day, **NO LATER than <u>5:30pm</u>**.
- The BERA Summer Recreation Program is for children ages 5-13. <u>Appropriate behavior</u>, language, and
 dress code are expected of all campers at all times. Failure to adhere to the rules set forth will result
 in dismissal from camp with NO refunds.
- Parents must notify the staff of arrangements to pick up campers early, or to take them for lunch. This must be done before the start of each day.
- The <u>Science Learning Center</u> gives us one time slot per summer. If you would like your child to attend
 the SLC with BERA, they must be enrolled in the BERA Recreation Program for that week and <u>entering</u>
 <u>grades 4, 5 or 6 in September.</u> Please circle yes/no for the **SLC on page 5**. The program is closed when
 30 participants have signed up.

BERA Summer Program Information (Continued)

- Children should bring a bag lunch (cold lunch preferred-microwave is not available). Refrigerators are available for the children's lunch bags. Label, label, everything.
- Snacks and drinks will be provided twice daily, with water available at any time during the day.
- NO electronic devices, iPods, cell phones or collectibles of any kind will be permitted!
- If your child requires medication during the day, please arrange with the staff for an appropriate time for you to be in the Rec Hall to administer the medication. Counselors and staff will not administer any medications. If your child is sick or becomes injured, the counselors will call you to ask you to pick up your child. BE SURE THAT YOUR CURRENT OFFICE PHONE NUMBER AND ALTERNATE PHONE NUMBER ARE ACCURATE ON THE APPLICATION. A copy of your child's application with your information will be kept on file at the Rec Hall, pool and gym. Two sets of medications (Epi-pens, etc) are required.
- Space is limited by facility and pool size. We will try to accommodate everyone. A lottery may be used
 if necessary.
- It is strongly recommended that each child wear sunscreen and insect repellant with DEET to prohibit
 insect and tick bites. For additional information, please go to the BNL webpage:
 http://www.bnl.gov/esd/wildlife/Lyme_Disease.asp
- Flexible Spending Accounts can be used; please direct any questions regarding FSA's to Human Resources, ext. 2877. Letters needed for income tax or flexible spending reimbursements are mailed in September. Please be sure to check the box on page 5 if you need one!!!

POOL/GYM:

- Campers will be transported from the Rec Hall to the pool by school bus every afternoon. Pick your
 child up at the pool entrance adjacent to the parking lot off Bell Avenue. It is REQUIRED to sign out
 your child, so park in a designated parking space in building 400 parking lot. NO idling or double parking!
- Pool time and swimming lessons are not optional; ALL must attend afternoon pool time.
- Red Cross Certified swimming instructors will offer group swim lessons once a week. Swim lessons are included in the BERA Summer Recreation Program fee. Each child will receive a group swim lesson once a week on a designated day for 7 weeks between 2:15-3:15pm. There will be no make-up classes for missed swim lessons. Lessons consist of groups of 7-12 children with similar swimming abilities. Daily open swim and gym time will be scheduled between 3:15-5:30pm for all campers. Unless a note is submitted for someone to be excused, all must participate in pool activities. If your child is only enrolled in a few weeks and you would like to bring them for swim lessons on the weeks they will not be attending camp, please be sure to check off the box on page 5 and they will be included.

BERA Summer Program Information (Continued)

POOL/GYM: (continued)

- We request that the dress of those in the camp be modest and in good taste, and that one-piece
 bathing suits be worn by our female campers. If a two piece bathing suit is all you have, please wear a
 dark T-shirt or similar cover up.
- Sneakers or sandals should be worn. Flip-flops may prevent children from playing specific games or sports. Please supply your child with sun block, a hat or visor, pool towel, bathing suit, and a sweatshirt, and please make sure everything is LABELED!
- Locker rooms are for changing only showers will be closed.
- All pool rules MUST be adhered to during swim time.
- Children enrolled for BERA Summer Recreation Program may take 7 weeks of Swim Lessons, even if only
 enrolled in a few weeks of the Program. But YOU MUST notify our office if you would like your child to
 participate in all 7 weeks of swim lessons, and check the box on page 5. You will be required to bring
 your child to the pool if they are not attending camp on that particular week(s).

If you have any questions, please contact Christine Carter, the BERA/Recreation Supervisor, on ext. 5090, or Joanne Delles, on ext. 8481, located in Bldg. 400.

ACTIVITIES

Children are generally divided into age appropriate groups, but we are flexible and allow the children to choose the supervised activities they want to join.

Example of activities during the day:

- Outside play on the Playground
- Flag football, Soccer, Baseball, Golf, Archery
- Super Soaker water tag
- Treasure hunting
- Air & Knock Hockey, Ping Pong
- Arts & Crafts- an assortment of challenging and fun projects
- Free creative play time for the younger kids with puzzles, books, educational toys
- Weekly swim lesson
- Daily swim and gym time
- Age appropriate videos & films for rainy days
- Twice a day snack time
- Nature Hikes
- Tie dying shirts

Tentative schedule

International Picnic

A luncheon is shared by counselors, children and their parents. Parents are welcome to join their children for lunch and are asked to bring a dessert to share.

FRIDAY SPECIALS

Crazy Hat Day

Children work during the week making their crazy hats. On Friday they parade for the judges in the three age groups. Top "4" win ribbons, and all participants receive a certificate of participation.

Treasure Hunt

Children are divided by age into two groups. The two groups are then divided into two teams. Each team receives different clues that lead to the same treasure.

Pizza Day

The children play games like Hot Potato and Musical Chairs. Children then have English muffin pizzas and ziti.

Field Day

The children compete in individual and group activities by age group. In the individual competitions the top "4" winners of each competition receive a ribbon. The winners of the group competitions write their names on the winning poster. All participants receive a certificate of participation.

Surprise Day

Children make lunch bag tickets, which are used to keep track of the ten games they get to play. Eight carnival type games are set up in the Recreation Building. The children win a prize for playing, there are no losers.

Fiesta Day

Two piñatas are made during the week with the help of the children. On Friday morning each child takes a turn trying to break the piñata. The piñata is filled with candy that is divided up later in the morning. Following the piñatas the children sit down to a snack of nachos and cheese.

Movie Day

Two movies are shown, one for the younger children and one for the older children. The children have popcorn for snack.

Check dates for requested weeks of participation. (wk#1) July 3-7 (Four days - \$170) (wk#2) July 10-14 (Science Program, grades 4, 5 & 6) ATTEND yes / no (wk#3) July 17-21 (wk#4) July 24-28		Palance:			
			(wk#5) July 31-Aug 4		Balance:
			(wk#6) August 7-11	Yes, my child would like 7 weeks of swim lessons, but are only enrolled in a few	
			(wk#7) August 14-18	weeks of the program. I will be able	Yes, I would like to receive a letter in
(wk#8) August 21-25	to bring them for their lessons.	September for income tax or flexible spending reimbursement.			
Camper's Name		(circle) BOY - GIRL			
	AGE (By 6/1/17)				
Camper's Name		(circle) BOY - GIRL			
Date of Birth	AGE (By 6/1/17)	Grade entering Sept 2017:			
Address		Home Phone			
Date of Birth	AGE (By 6/1/17)	Grade entering Sept 2017:			
Address		Home Phone			
Parent/Guardian Informatio					
Parent/Guardian		Life #			
	Bldg #_				
Mailing Address		CELL			
Home Phone	Email				
	Bldg #_				
Home Phone	Email				
Emergency Contact	· · · · · · · · · · · · · · · · · · ·	CELL			
Doctor's Name	F	Phone			
	ust be disclosed): List any medical conditions ther condition or specified need the camp staff				
List those persons authorize	d to pick up your child:				
List any allergies your child h	nas (food, medications, etc.):				
Note: Should we be unable to conte	at you in the event of an emergency. Procellhoven Neti	ional Laboratory will take all reasonable			

Note: Should we be unable to contact you in the event of an emergency, Brookhaven National Laboratory will take all reasonable medical precautions deemed necessary.

*COMPLETE & RETURN pages 5 & 6 to: Recreation Office, Bldg 400, checks payable to BERA.

Non-refundable deposit of \$100 per week, per child, due by May 19th. Payment in full is due no later than June 23, 2017

HOLD HARMLESS AGREEMENT

I,, b	eing the parent or legal guardian
of (Child's name)	, hereinafter referred to as
Participant, do hereby agree to the terms of this his/her participation in the Brookhaven Employee Recreation Program 2017.	release and do give my full consent for
I fully understand that due to the nature of the pinjury. I agree to assume all risk described and nindemnify, and discharge BERA employees and volincluding personal injuries and death, demands, can which might arise from such participation, including negligence.	ot described herein. I agree to release unteers from any and all claims, uses of action and suits or liabilities
I further agree to release or waive any claim that guardian for Participant by reason of the describ releases to legally bind myself, Participant, my exextent now and in the future.	ed program. I make this waiver and
By executing this Agreement, I/we agree to all of herein and on the Application on this Agreement.	f the terms and conditions contained
Executed on this day:	
Parent/Guardian Signature	

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